

Meet me, O Christ  
in this stillness of morning.  
Move me, O Spirit,  
to quiet my heart.  
Mend me, O Father,  
from yesterday's harms.

From the discords of yesterday,  
resurrect my peace.  
From the discouragement of yesterday,  
resurrect my hope.  
From the weariness of yesterday,  
resurrect my strength.  
From the doubts of yesterday,  
resurrect my faith.  
From the wounds of yesterday,  
resurrect my love.

Let me enter this new day,  
aware of my need  
and awake to your grace,  
O Lord. Amen

Liturgy of the Ritual of Morning Coffee  
From *Every Moment Holy* by Doug Mckelvey